



INTEGRATION JOINT BOARD

Date of Meeting	3 September 2019
Report Title	Transformation - Decisions Required: Action 15
Report Number	HSCP.19.053
Lead Officer	Sandra Ross, Chief Officer
Report Author Details	Karen Gunn Head of Mental Health karen.gunn2@nhs.net
Consultation Checklist Completed	Yes
Directions Required	Yes
Appendices	<ul style="list-style-type: none">a. Primary Care Psychological Wellbeing Business Case Summaryb. Primary Care Psychological Wellbeing Direction to NHSGc. Mental Wellbeing Out of Hours Business Case Summaryd. Mental Wellbeing Out of Hours Direction to ACC

1. Purpose of the Report

- 1.1. This is one of three transformation reports seeking approval to agree financial expenditure to progress a number of projects which support the delivery of our Strategic Plan.
- 1.2. The purpose of this report is to request approval from the IJB to incur expenditure, and for the Board to make Directions to NHS Grampian and Aberdeen City Council, in relation to projects that sit within the Action 15 programme plan which has previously been approved by the IJB.
- 1.3. The projects relate to strategic intentions and are delivering key areas of change.



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2. Recommendations

- 2.1. It is recommended that the Integration Joint Board (IJB):
- a) Approve the expenditure, as set out in Appendix A, relating to the Primary Care Psychological Wellbeing project.
 - b) Instruct the Chief Officer to issue the Direction to NHS Grampian relating to the Primary Care Psychological Wellbeing project as per Appendix B.
 - c) Approve the expenditure, as set out in the Business Case at Appendix C relating to the Mental Wellbeing Out of Hours project.
 - d) Instruct the Chief Officer to issue the direction relating to the Mental Wellbeing Out of Hours project as per Appendix D to Aberdeen City Council and NHS Grampian.

3. Summary of Key Information

- 3.1 The National Mental Health Strategy 2017-2027 identified 40 national action points under 5 headings:
1. Prevention and early intervention;
 2. Access to treatment, and joined up accessible services;
 3. The physical wellbeing of people with mental health problems;
 4. Rights, information use, and planning;
 5. Data and measurement.
- 3.2 Action 15 is about access to joined-up accessible services, entailing whole system change: “Increase the workforce to give access to dedicated mental health professionals to all A&Es, all GP practices, every police station custody suite, and to our prisons. Over the next five years increasing additional investment to £35 million for 800 additional mental health workers in those key settings.”
- 3.3 It is important to ensure appropriate alignment between the national direction and local priorities. Action 15 fits well with the wider Mental Health & Learning Disabilities Review in terms of sustainability. It also fits well with



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the local Community Mental Health Delivery Plan (currently out for wider consultation) in terms of the local objectives, which include: developing support in the community which promotes independence and self-management; ensuring strong links between services and good transitions in care between different components of the pathway. This work also forms part of, and supports delivery of, the Primary Care Implementation Plan.

3.4 Scottish Ministers commissioned the Health & Justice Collaboration Improvement Board to consider how Action 15 might best be delivered and the following principles were developed:

- The additional services be commensurate with the national commitment,
- The nature of the additional capacity be very broad ranging,
- Improvements might include the provision of services through digital platforms or telephone support; and
- Improvement may include development for staff who are not currently working in the field of mental health.

3.5 In terms of the four key settings identified by the national commitment, two of these, namely Police Custody Suites and HMP Grampian are 'hosted' by Aberdeenshire IJB. Equity of access, regardless of City or Shire residence is however, seen as a must. Consequently, there has been good linkage with Aberdeenshire colleagues and efforts to identify fair funding splits in these joint settings, based on average numbers (the details of these are captured in the proposals set out in appendices A and C).

Primary Care Psychological Wellbeing

3.9 This project will see the scaling up of the Primary Care Psychological Therapy service which has been in place in Aberdeen since 2018. The service provides clinically effective evidence-based psychological treatment for those suffering from mild to moderate common mental health issues such as anxiety disorders and depression.

3.10 This business case proposes to complement the existing service by establishing four Psychological Wellbeing Practitioner (PWP) posts offering Tier 1 high volume, brief treatment packages consisting of 1-2-1 guided self-help and group-work based therapy. The enhanced service will be available during the day and in the evenings to maximise flexibility and access.



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Mental Wellbeing Out of Hours

- 3.11 The purpose of this project is to provide an alternative to the existing specialist pathway for those individuals who are experiencing mental health distress and who come to the attention of Police Scotland and the Custody Suite at Kittybrewster or who present to the Accident and Emergency Department (A&E) at Aberdeen Royal Infirmary (ARI). The custody suites are hosted by Aberdeenshire and used by offenders and patients who are mainly from Aberdeen and Aberdeenshire. The A&E Department will see patients from both authority areas.
- 3.12 Development of this project has been progressed in partnership with colleagues from Aberdeenshire Health and Social Care Partnership.
- 3.13 The project will run for an initial 23-month period and will test a solution to fill an identified gap in the current mental health pathway.

4. Implications for IJB

4.1 Equalities

Inequality, mental health and human rights are inextricably linked. These proposals will ensure mental health services are accessible and meet the needs of all in compliance with Equality legislation. An Equality Impacts Assessment of the finalised strategy will be completed prior to submission for approval in November 2018.

4.2 Fairer Scotland Duty

4.3 Financial

The recommendations in this report will result in financial expenditure from the Action 15 fund. Full details of the financial implications are contained in the associated business cases.



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4.4 Workforce

Action 15 of the National Mental Health Strategy commits to providing an additional 800 Mental Health Workers in Scotland (Aberdeen City's share is approximately 36) over the next 5 years and this will result in the recruitment and development of supplementary staff, who will support local services.

4.5 Legal

Procurement for services will use recognised good practice and comply with legal requirements.

4.6 Other

None

5. Links to ACHSCP Strategic Plan

5.1 The recommendations in this report seek to deliver aspects of the Action 15 Plan, and there are clear links to the wider strategic plan including supporting and improving the health, prevention, wellbeing and quality of life of our local population, and supporting our staff to deliver high quality services that have a positive impact on personal experiences on outcomes.

6. Management of Risk

6.1 Identified risks(s)

A shift in the balance of care requires to be carefully planned, implemented and evaluation to ensure continued stability of the system to meet needs. Implementation of these proposals will be underpinned by a risk management framework.

Risks relating to the Transformation Programme are managed throughout the transformation development and implementation processes. The Executive Programme Board and portfolio Programme Boards have a key role to ensure that these risks are identified and appropriately managed.

6.2 Link to risks on strategic or operational risk register:

The main risk relates to not achieving the transformation that we aspire to, and therefore our ability to sustain the delivery of our statutory services



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within the funding available. The resultant risk is that the Integration Joint Board fails to deliver against the strategic plan.



Risk 2. There is a risk of financial failure, that demand outstrips budget and IJB cannot deliver on priorities, statutory work, and project an overspend

Risk 5. "There is a risk that the IJB, and the services that it directs and has operational oversight of, fail to meet performance standards or outcomes as set by regulatory bodies."

Risk 9. Failure to deliver transformation at a pace or scale required by the demographic and financial pressures in the system

6.3 How might the content of this report impact or mitigate these risks:

By ensuring that all proposals are developed in consultation with partners, experts by experience and carers, the IJB ensures these services are relevant and meet the needs of people who experience poor mental health.

Approvals	
	Sandra Ross (Chief Officer)
	Alex Stephen (Chief Finance Officer)